

WALK 4 WATER 2016

October 15th - 9:00am - 12 noon (plus lunch)



Background: In November 2016, we will travel to a rural village in Guatemala with a Catholic organization called *Helping Hands Medical Missions*. In 2015, our mission team treated over 1,300 residents.

What We Saw: Among other maladies, our doctors frequently saw diarrhea and other gastrointestinal problems. **These symptoms are directly related to infection caused by bacterial, viral and parasitic organisms that are spread by contaminated water.** We saw children with intense stomach pain. We saw nursing moms and elderly folks who were suffering from malnutrition.

Our Goal: Safe, clean drinking water for the village. In addition to buying portable water filters, we hope to help fix the town well in Santa Maria de Jesus.

WHAT YOU CAN DO...

Join our *W4W!*

The formula is simple: **5 + 5 + 5**

Recruit 5 friends to Walk with You and
5 friends to Sponsor You

Walk 5K



This is a town-wide campaign that culminates with a **5K walk on Main Street** to raise money and awareness about the need for clean drinking water in the village of Santa Maria de Jesus.

When: October 15, 2016
8:30am Registration - 12 noon (lunch)

Where: Start at Saint Mary Parish
Nancy Bossidy Recreation Center
183 High Ridge Ave., Ridgefield CT

Cost: \$5 registration (includes lunch)

Name: _____

Email or Cell: _____

Questions: Maura O'Connor, mauratub05@sbcglobal.net.

Drop off or mail
registration form to
the Parish Office.
Or Register or donate
online at www.smcr.org.

In 2015, W4W helped provide **1,850 people** with clean drinking water!