St. Mary's Parish: A Roman Catholic Family of Faith, Love, and Service

ST. PETER'S RUN

INFORMATION and INSTRUCTIONS

OVERVIEW:

The St. Peter's Run volunteers provide approximately 200 lunches for distribution to needy families in our sister parish each Saturday between 11:15 am and 11:45 pm. Volunteers purchase bread, sandwich meat and cheese, snacks, assemble bag lunches, and then deliver and distribute them at St. Peter's Parish in Bridgeport. The children of St. Peter's Religious Education program will be served through this ministry. Any lunches which are not taken on Saturday mornings by Religious Education children will be distributed after Mass on Sunday to the parishioners. It is recommended that you not give any child more than one lunch, even if he/she claims it is for a sibling. The sibling should come and get his/her own.

SIGNING UP AND RESERVING A DATE:

Since the Run is a recurring weekly effort during the weeks of Religious Education, individuals/families and groups wishing to volunteer should first access the St. Mary's Parish website at http://www.stmarysridgefield.org/ to identify the dates currently open to volunteers. You will find St. Peter's Run sign up information under the "Pastoral Care" tab, St. Peter's/Our Sister Parish page. Groups can select a date on the Sign-Up Genius and coordinate the run responsibilities of shopping for food, preparation, delivery and distribution. The selection and reservation of all St. Peter's Run volunteer dates are accomplished via the website. Only a parishioner over the age of 18 can sign up to do a Run, but participants can be any age. Volunteers are reminded that it is Diocesan Policy that all adult parish volunteers be VIRTUS trained. You can sign up for VIRTUS training here: https://www.virtusonline.org/virtus/reg_list.cfm?theme=0

IF YOU NEED TO CANCEL YOUR RESERVATION:

In the event circumstances prevent you from participating on a reserved date please advise Mary Staudt at 203-460-6541 staudtmary@sbcglobal.net so that timely replacements can be identified.

INCLEMENT WEATHER:

In the case of snow, the Run will be cancelled that week.

LUNCHEON PREPARATION: New location—The Barn!

The Barn (small building to the right of the Church) will be available for groups to use to prepare the lunches, but if you would like to use your own kitchen that is fine as well. There is a key pad on the front door. The combination is 5678. The first closet in the main room, labeled "St. Peter's Run" (same combination) will have nonperishable supplies which you may use (baggies, paper bags, napkins, gloves, etc.) There are also condiment packets, which you may bring to place on the side. You may also leave extra supplies in the closet for other groups. **Please make sure all volunteers who are handling food wear gloves (they are in the closet).** Also clean and cover the tables in the barn with paper towel or a plastic table cloth. Please be sure to clean up after you are done preparing the food, and do not leave any crumbs or food in the barn. There is a dumpster outside the Barn for your garbage. Thank you.

In order to ensure timely delivery to St. Peter's on Saturday morning, luncheon assembly should begin at 8:00 am (depending on your group size) with a goal of having the luncheons ready for delivery by 10:00-10:15 am. It takes about 40-45 minutes to get to St. Peter's, and it is important you arrive by 11:15 the latest, as religion classes are dismissed at 11:30, and the children will come for their lunch immediately following class. In view of this, it is recommended that

volunteers purchase all the necessary luncheon ingredients a day or two before the scheduled Saturday. Alternately, the lunches can be made Friday evening. If you do this, we suggest you refrigerate the sandwiches separately and place them in the bags the next morning. It is very hard to fit all 200 lunch bags in a refrigerator!

SAMPLE LUNCHEON CHECKLIST:

While the actual composition of the luncheons is discretionary, ideally the meal should include a sandwich, fruit, drink and a snack. The following items and quantities for 200 bag luncheons is offered as a guide for your reference:

- 21 lbs. of luncheon meat: (Ham, Chicken, or Turkey) (approx 2 oz. per sandwich)—Ham seems to be most popular. I'd get 18 lbs of ham, 6 of turkey or chicken. (We recommend that sandwich bags are labeled Ham, Turkey or Chicken, or you can label the boxes you pack them in). At Costco, get 6 packages of the 3 lb Kirkland ham, 6 lbs of turkey. Recommended that you cut the ham/turkey in half and put 3 slices on each sandwich.
- 6 lbs of cheese: (American) (approx 0.5 oz / one slice per sandwich) OPTIONAL..Or you could make extra cheese sandwiches. 3 large packages from Costco are fine.
- 22 loaves of sliced bread. At Costco, Wonder is least expensive, and has 20 slices per loaf. (Rolls can be substituted). Your call if you want to use the ends.
- Optional: 200 Individual drinks (sip box juice/water). Cost can get high.
- 200 Snacks: (Individual Serving Size Bags of Chips/Pretzels/Cookies, etc.)
- 200 Plastic Sandwich Bags (these are available in the small kitchen—St. Peter's Run cabinet)
- 200 Brown Paper Bags (available in the small kitchen—St. Peter's Run cabinet)
- Napkins (available in the small kitchen in St. Peter's Run cabinet)
- Approximately 10 cardboard cartons (for luncheon transport). There usually are some in kitchen.

Please allow approximately 8 man hrs. to compile 200 lunches. It should be noted that Costco offers one stop shopping for the above items at competitive prices. Costco also has boxes which can be used to transport lunches.

EXPENSES:

The cost of the lunches will likely be in the $260 range. There is money in our Parish budget to fund the cost of the St. Peter's Run, however, if you/your ministry are able to cover part or all of the costs of your Saturday's meal as a further act of charity, we welcome your donation. If you wish to pay for the food, we can send you a donation letter for income tax purposes. Just send a request via email for the letter to Mary Staudt at staudtmary@sbcglobal.net. In order to obtain reimbursement for the food expenses, volunteers should send your receipts to Mary and she will submit your original receipts to the parish accountant for reimbursement. The following estimated ingredient costs are provided for your reference:

Meats	**$120---$80 ham + $40 turkey (Costco)**
Cheese:	**$30 (Costco)**
Bread:	**$50 (Costco—Wonder bread)**
Snacks:	**$50 (4 boxes of chips at Costco –54 bags in each) You can substitute other snacks, of course.**
Fruit:	**You can purchase bananas or any other fruit if you so desire.**
(Drinks):	**(Optional--$35.00 for Kirkland water)**
Total:	**~$260**

LOCATION OF ST. PETER'S IN BRIDGEPORT:

St. Peter's School
659 Beechwood Ave
Bridgeport, CT 06605
Contact at St. Peter's: Patricia Garcia (203) 449-5360

Directions:

From **St Mary's Parish School**

Time: **49 mins** Start at **183 HIGH RIDGE AVE, RIDGEFIELD** going toward **CATOONAH ST**

1. Turn Left on **CATOONAH ST(CT-102)** - go **0.3** mi
2. Turn Right to follow **CT-102** - go **0.4** mi
3. Continue on **MAIN ST** - go **0.5** mi
4. Bear Right on **WILTON RD W(CT-33)** - go **1.9** mi
5. Continue to follow **CT-33** - go **3.7** mi
6. Bear Right on **DRUM HILL RD** - go **1.0** mi
7. Turn Right on **BELDEN HILL RD(CT-106)** - go **2.7** mi
8. Turn Left on **GRIST MILL RD** - go **0.2** mi
9. Turn Right on **US-7 S** toward **I-95** - go **3.4** mi
10. Take Left ramp onto **I-95 N** toward **BRIDGEPORT/MARITIME CENTER/SO. NORWALK** - go **12.2** mi
11. Take exit **#25/COMMERCE DR/STATE ST** - go **0.2** mi
12. Continue on **COOLIDGE ST**
13. Turn Left on **COMMERCE DR**
14. Continue on **STATE ST EXT** - go **0.3** mi
15. Turn Left on **DEWEY ST** - go **0.3** mi
16. Bear Right on **MAPLEWOOD AVE** - go **0.4** mi
17. Turn Left on **COLORADO AVE**
18. Arrive at **695 COLORADO AVE, BRIDGEPORT,** on the Left

Alternate Route: Take Route 102 (Branchville Rd.) to Route 7 South. After Caraluzzi's, turn left onto Route 57 and follow through Weston until you get to Route 15, Merritt Parkway. Take the Merritt North for one exit to Exit 44, Route 58 towards Fairfield. Follow 58 through Fairfield into Bridgeport. Turn left-- It becomes North St. Turn Right onto Carleton St.. Turn left onto Beechwood Ave. St. Peter's Church is on the right on the corner of Beechwood and Colorado Ave. The school is to the right of the church. (35-40 minutes)

Contact at St. Peter's: Patricia Garcia (203) 449-5360

UPON ARRIVAL AT ST. PETER'S: You will distribute the luncheons in the school hallway near the front and rear exits. Children will take the lunches as they leave religious education. If you cannot distribute them, call Marie Lugo and she will arrange for teens from St. Peter's to assist you. If you have any questions, or think you may be late, please contact Patricia Garcia (203) 449-5360.

Thank you for supporting this ministry!